

today i will

TODAY i will not strike back:

if someone is rude, if someone is impatient, if someone is unkind ... i will not respond in a like manner. "bless those who curse you, and pray for those who spitefully use you." matt 5:44

TODAY i will ask God to bless my "enemy":

if i come across someone who treats me harshly or unfairly, i will quietly ask God to bless that individual. i understand the "enemy" could be a family member, neighbor, co-worker, or a stranger.

TODAY i will be careful about what i say:

i will carefully choose and guard my words being certain that i do not spread gossip. "let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O Lord, my strength and my Redeemer." psa 19:14

TODAY i will go the extra mile:

i will find ways to help share the burden of another person. "and whoever compels you to go one mile, go with him two." matt 5:42

TODAY i will forgive:

i will forgive any hurts or injuries that come my way. "but if you do not forgive men their trespasses, neither will your Father forgive your trespasses." matt 6:15

TODAY i will do something nice for someone, but i will do it secretly:

i will reach out anonymously and bless the life of another. "but when you do a charitable deed, do not let your left hand know what your right hand is doing;" matt 6:3

TODAY i will treat others the way i wish to be treated:  
i will practice the golden rule - "and just as you want men to do to you, you also do to them likewise."  
luke 6:31

TODAY i will raise the spirits of someone in need of it:  
my smile, my words, my expression of support, can make the difference to someone who is wrestling life. "therefore comfort each other and edify one another, just as you also are doing." 1 thess 5:11

TODAY i will nurture my body:  
i will eat less. i will eat only healthy foods. i will thank God for my body. "therefore, whether you eat or drink, or whatever you do, do all to the glory of God." 1 cor 10:31

TODAY i will grow spiritually:  
i will spend a little more time in prayer today. i will begin reading something spiritual or inspirational today. i will find a quiet place and listen to God's voice! "holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from God." col 2:19

TODAY, TODAY, TODAY - Father God - may all the "TODAY's" i have remaining be spent in pursuit of the

TOMORROW You have promised me. "for this corruptible must put on incorruption, and this mortal must put on immortality." 1 cor 15:53 until everything i do becomes the thing that pleases You. Maranatha!