

## SPIRIT OF FEAR

2<sup>nd</sup> Timothy 1:7

For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but of power and love and of calm and well-balanced mind and discipline and self-control.

1 John 4:18

There is no fear in love [dread does not exist], but full grown (complete and perfect) turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection]. We should only have "fear" of the Lord and we must fight against other fear by using the weapons of love and a well balanced discipline. Do you have excessive worry, guilt, inferiority, nervous disorders or any of the problems above? Could there be a strongman spirit of fear fueling the fears? Some of the common manifestations of the spirit of fear are:

Abandonment	Fear of height
Anxiety	Fear of heart attacks
Faithlessness	Trembling
Fright	Torment
Inadequacy	Confusion
Inferiority	Worry
Insanity	Fear
Nightmares	Nervous disorder
Performance	Paranoia
Phobias	Reproof
Rejection	Horror
Fear of rejection	Fear of hell
Self rejection	False fear of God
Shyness	Control
Tension/Stress	Dread
Timidity	Carefulness COD
Torment	Guilt
Fear of death	Disapproval
Fear of failure	Judgement
Fear of men/women	People
Fear of poverty	
Fear of success	<u>Insecurity</u>
Fear of future	Inferior
Fear of Satan	Lonely
Fear of commitment	Self-pity
Fear of love	Timid
Fear of going outside	Shy
Fear of authority	Inept
Fear of dark	Fear of rejection